



	Monday	Tuesday	Wednesday	Thursday	Friday
BOX	2	3	4	5	6
LUNCH	Pork Cutlet w/Gravy - 9003 <i>(ch b) chicken w/gravy ch7008</i> Green Beans Beets Wheat Bread / Margarine Grape Juice 100% Animal Crackers	4th of July Celebration Hamburger - 9071 <i>(ch b) sliced deli ham ch7005</i> w/ Swiss American Cheese Baked Beans Broccoli Bun Mustard / Ketchup Apple Juice 100% Chocolate Chip Cookie	Happy July 4th 	Lemon Pepper Fish w/ Tartar Sauce - 9033 <i>(ch b) chicken tenders ch7009</i> Brown Rice Scandinavian Veggies (2 servings) Wheat Bread / Margarine Fruit Cocktail	Chicken Potato Casserole - 9315 <i>(ch b) roast beef & gravy ch7025</i> Broccoli (2 servings) Wheat Bread (2 slices) Margarine Peaches
WEEK	 diet: same	 diet: same		 diet: same	
5	World UFO Day			Work-a-holic Day	International Kissing Day
BOX	9	10	11	12	13
LUNCH	Broccoli Cheddar Chicken - 9031 <i>(ch b) cheesy beef & broccoli ch7042</i> Brown Rice Oregon Vegetables Corn Wheat Bread / Margarine Fruit Cocktail	Roast Turkey w/Gravy - 9005 <i>(ch b) country fried steak w/gravy ch7054</i> Mashed Potatoes Vegetable Medley Wheat Bread / Margarine Cranberry Juice Chocolate Elf Grahams	Spaghetti & Meatballs - 9035 <i>(ch b) cheese ravioli ch7030</i> w/ Marinara Italian Vegetables Spinach / Vinegar Wheat Bread / Margarine Peaches Parmesan Cheese	Summer Salad - 9070 w/ diced Eggs, Shredded Cheese, Grape Tomatoes, Broccoli Floret, Unsalted Saltine Crackers (2 pk) Ranch Dressing <i>(ch b) beef & noodles w/gravy</i> <i>green beans, diced carrots ch7052</i> Orange Juice 100% Animal Crackers	Swiss Steak - 9088 <i>(ch b) southwestern omelet</i> <i>w/tomatoes, onions, peppers ch7007</i> O'Brien Potatoes Wheat Bread (2 slices) Margarine Pears
WEEK	diet: same	diet: same	diet: same	diet: same	diet: same
6		Teddy Bear Picnic Day	Cheer Up the Lonely Day		National French Fries Day
BOX	16	17	18	19	20
LUNCH	Hawaiian Pineapple Ham - 9094 <i>(ch b) pineapple topped chicken ch7013</i> Sweet Potato Patties (2) Peas Wheat Bread (2pcs) Margarine Mandarin Oranges	American Pasta Salad - 9086 w/ diced Egg, Broccoli, Grape Tomatoes, Shredded Carrots Rotini Noodles, Ranch Dressing <i>(ch b) turkey tetrazzini</i> <i>brussel sprouts, baked apples ch7062</i> Unsalted Saltine Crackers (2 pk) Grape Juice 100%	Smoked Turkey Sausage w/ Sauerkraut - 9055 <i>(ch b) meatloaf w/ gravy ch7016</i> Mashed Potatoes Green Beans Rye Bread (2 pcs) Fruit Cocktail Mustard / Ketchup	Grilled Chicken w/BBQ Sauce - 9049 <i>(ch b) hamburger ch7006</i> Potato Wedges Cheesy Broccoli Bun Applesauce	July Birthday Celebration Salisbury Steak w/Gravy - 9029 <i>(ch b) chicken w/gravy ch7008</i> Whipped Sweet Potatoes Mixed Vegetables Wheat Bread / Margarine Cranberry Juice Sponge Cake
WEEK	diet: same	diet: same	diet: same	diet: same	diet: same
7		Global Hug Your Kids Day - 1998	National Hot Dog Day		HAPPY JULY BIRTHDAY!
23	23	24	25	26	27
LUNCH	Chili w/ Spaghetti - 9064 <i>(ch b) spaghetti w/marinara ch7055</i> Vegetable Medley (2 servings) shredded Cheddar Cheese Unsalted Saltine Crackers (2 pk) Pears	Turkey Sandwich on Wheat - 9032 <i>(ch b) ham sandwich on wheat ch7044</i> Creamy Vegetable Soup w/ Crackers(cong only) Potato Salad Coleslaw Peaches Mayo (for Turkey only) Mustard (for ham only)	Baked Chicken w/Gravy - 9075 <i>(ch b) roast turkey w/ gravy ch7003</i> Herb Dressing Broccoli Cauliflower Wheat Bread / Margarine Strawberry Applesauce	Cheese Pizza - 9082 <i>(ch b) cheese lasagna w/marinara ch7040</i> Peas & Onions Carrot Coins Pineapple Orange Juice 100% Animal Crackers	Meatloaf w/ Gravy - 9072 <i>(ch b) chicken w/gravy ch7008</i> Mashed Potatoes diced Carrots Wheat Bread (2 pcs) Margarine Fruit Cocktail
WEEK	 diet: same		diet: same	diet: same	diet: same
2	Amelia Earhart Day - 1897			Take Your Pants for a Walk Day	System Administrator Appreciation Day
BOX	30	31			
LUNCH	Country Fried Steak w/Gravy - 9063 <i>(ch b) grilled chicken brst ch7026</i> Potato Wedges Green Beans Dinner Roll / Margarine Apple Juice 100% Chocolate Sponge Cake	Ham Sandwich on White - 9125 <i>(ch b) roast beef sandwich on white ch7031</i> Tomato Soup w/Crackers (cong only) 3 Bean Salad Potato Salad Mandarin Oranges Mustard (for ham only) Horseradish (for roast beef only)	 Complete meal consists of: 3 oz. Protein, 2 servings of Vegetables (1/2 cup ea.), 1 serving of Fruit (1/2 cup) or Juice (4 oz.), 2 servings of Bread/Starch, and 8 oz. Milk		Did you know? The Declaration of Independence was not signed by all representatives until August, 1776. To make it official, John Hancock, President of the Continental Congress signed it. Now, can anyone guess where the saying "put your John
WEEK	diet: same	diet: same			
2		Mutt's Day			