

		Monday	Tuesday	Wednesday	Thursday	Friday
BOX						1
LUNCH						<b>Stuffed Cabbage Roll w/Marinara - 9077</b> <i>(ch b) cheese pizza ch7043</i> Peas & Onions sliced Yellow Squash White Bread / Margarine Grape Juice 100% Teddy Grahams Diet: same
WEEK		<small>CONTAINS 100% WHOLE GRAIN BREAD, 2 SERVINGS OF Vegetables (1/2 cup ea.), 1 serving of Fruit (1/2 cup) or Juice (4 oz.), 2 servings of Bread/Starch, and 8 oz. Milk (1/2 pint)</small>				
2		4	5	6	7	8
LUNCH		<b>Lemon Pepper Fish - 9033 w/ Tartar Sauce</b> <i>(ch b) chicken tenders ch7009</i> Brown Rice Scandinavian Veggies (2 servings) Wheat Bread / Margarine Fruit Cocktail Diet: same	<b>Rosemary Chicken - 9039</b> <i>(ch b) pork cutlet w/gravy 7034</i> Potato Wedges Vegetable Medley Wheat Bread (2 slices) Margarine Applesauce Diet: same	<b>Chicken &amp; Potato Casserole - 9315</b> <i>(ch b) roast beef &amp; gravy with tater tots ch7025</i> Broccoli (2 servings) Wheat Bread (2 slices) Margarine Peaches Diet: same	<b>Pork Cutlet w/ Gravy - 9003</b> <i>(ch b) chicken w/ gravy ch7008</i> Green Beans Beets Wheat Bread (2 slices) Margarine Pineapple Diet: same	<b>Cheese Pizza - 9082</b> <i>(ch b) cheese lasagna w/marinara ch7040</i> Peas & Onions Carrot Coins Apple Juice 100% Chocolate Chip Cookie Diet: same
WEEK					<b>Pearl Harbor Remembrance Day</b>	
3		11	12	13	14	15
LUNCH		<b>Spaghetti &amp; Meatballs - 9035</b> <i>(ch b) cheese ravioli ch7030</i> w/ Marinara Italian Vegetables Spinach / Vinegar Wheat Bread / Margarine Peaches Parmesan Cheese Diet: same	<b>Broccoli Cheddar Chicken - 9031</b> <i>(ch b) cheesy beef &amp; broccoli - ch7042</i> Brown Rice Oregon Vegetables Corn Wheat Bread / Margarine Fruit Cocktail Diet: same 	<b>Swiss Steak - 9088</b> <i>(ch b) southwestern c.f. omelet ch7007</i> w/ Peppers / Onions / Cheese Stewed Tomatoes O'Brien Potatoes Wheat Bread (2 slices) / Margarine Pears Diet: same	<b>Beef &amp; Noodles - 9008</b> <i>(ch b) chicken &amp; noodles ch7037</i> w/ Gravy Green Beans Carrots Wheat Bread / Margarine Peaches Diet: same	<b>Roast Turkey w/Gravy - 9005</b> <i>(ch b) country fried steak w/gravy ch7054</i> Mashed Potatoes Vegetable Medley Dinner Roll / Margarine Grape Juice 100% Angel Food Cake Diet: same 
WEEK			<b>Hanukkah begins at sundown</b>			<b>HAPPY BIRTHDAY!</b>
4		18	19	20	21	22
LUNCH		<b>Smoked Turkey Sausage w/ Sauerkraut - 9055</b> <i>(ch b) meatloaf w/ gravy ch7016</i> Mashed Potatoes Green Beans Rye Bread (2 pcs) Fruit Cocktail Mustard / Ketchup Diet: same	<b>Hamburger - 9071</b> <i>(ch b) sliced deli ham ch7005</i> w/ Swiss American Cheese slice Tomato Soup (cong only) Baked Beans Broccoli Bun Pineapple Mustard / Ketchup Diet: same	<b>CHRISTMAS CELEBRATION</b> <b>Cherry Glazed Ham - 9094X</b> <i>(ch b) chicken w cherry glaze ch7013</i> Sweet Potato Patties (2 patties) Peas Dinner Roll / Margarine Cranberry Juice 100% Mini Chocolate Éclairs (2 ea) Diet Alt: Choc Sponge Cake	<b>Grilled Chicken w/BBQ Sauce - 9049</b> <i>(ch b) hamburger ch7006</i> Potato Wedges Cheesy Broccoli Bun Applesauce Diet: same <b>Winter begins</b>	<b>Italian Chicken - 9042</b> <i>(ch b) fried steak italiano ch7011</i> w/ Marinara over Spaghetti Italian Vegetables Peas Cranberry Juice Sponge Cake Diet: same
WEEK						
5		25	26	27	28	29
LUNCH		<b>From the Derringer Family to you we wish you Love, Joy, Peace, Patience, Kindness, Goodness, Faithfulness, Gentleness, Self-Control, Contentment, Health, Provision, Abundance.</b> <b>Merry Christmas, Happy Holidays, Happy Hanukkah, Happy Kwanzaa</b>	<b>Beef Vegetable Stew - 9001</b> <i>(ch b) chicken stew ch7022</i> w/Carrots/Red Skin Potatoes/Peas Green Beans (2 servings) Dinner Roll / Margarine Pears Diet: same 	<b>Meatloaf w/ Gravy - 9072</b> <i>(ch b) chicken w/ gravy ch7008</i> Mashed Potatoes Carrots Wheat Bread / Margarine Orange Pineapple Juice 100% Angel Food Cake Diet: same	<b>turkey Ham &amp; Beans - 9062</b> <i>(ch b) chicken stew ch7022</i> Mixed Vegetables (2 servings) Cornbread / Margarine Fruit Cocktail Animal Crackers Peaches Diet: same	<b>Baked Chicken w/ Gravy - 9075</b> <i>(ch b) roast turkey w/gravy ch7003</i> Herb Dressing Broccoli Cauliflower Wheat Bread / Margarine Strawberry Applesauce Diet: same
WEEK			<b>Boxing Day</b>			
6						